DEAR LORD. PLEASE GIRD UP THE LOINS OF MY MIND MAY MY THOUGHTS TODAY BE CENTERED AROUND YOU, LORD JESUS, AND "WHATSOEVER THINGS ARE TRUE, HONEST, JUST, PURE, LOVELY, OF GOOD REPORT, VIRTUOUS AND WORTHY OF PRAISE".

PLEASE BRING INTO CAPTIVITY EVERY THOUGHT TO THE OBEDIENCE OF CHRIST AND CAST DOWN IMAGINATIONS AND EVERY HIGH THING THAT EXALTETH ITSELF AGAINST THE KNOWLEDGE OF GOD. PLEASE BRING DOWN EVERY STRONG HOLD OF EVIL IN ME AND CONFORM MY THOUGHTS TO YOUR THOUGHTS. PLEASE SURROUND MY EMOTIONS WITH RIGHTEOUSNESS. MAY THERE BE NO ROOM FOR LUSTFUL LONGINGS, EVIL EMOTIONS, CARNAL CRAVINGS, SENSUAL SINS, WICKED WANTS, DECEITFUL DESIRES OR EVIL ENVYINGS WITHIN MY EMOTIONS TODAY. PLEASE PRODUCE THE FRUIT OF THE HOLY SPIRIT IN MY EMOTIONS WHICH IS LOVE, JOY AND PEACE.

I CHOOSE FOR YOUR AGAPE LOVE TO FLOW THROUGH ME TOWARD ALL I MEET TODAY. MAY YOUR JOY SPRING UP IN MY SPIRIT, PASS THROUGH MY SOUL AND REFLECT THROUGH MY COUNTENANCE FOR YOUR GLORY TODAY. MAY YOUR PEACE KEEP MY EMOTIONS AND MIND TO DAY SO THERE WILL BE NO ROOM FOR EVIL ANGER OR EVIL FEAR OR FRUSTRATION. PLEASE SHOD MY WILL WITH THE PREPARATION OF THE GOSPEL OF PEACE. PLEASE USE ME TO WITNESS TO THE SINNER AND TO SHOW HIM HOW HE CAN HAVE PEACE WITH GOD THROUGH RECEIVING YOU, LORD JESUS. PLEASE WORK THROUGH ME TO SHOW THE CHRISTIAN HOW TO ALLOW THE PEACE OF GOD TO RULE IN HIS LIFE SO HE WILL NOT WORRY OR BE ANXIOUS ABOUT ANYTHING AND MAY THIS BE TRUE IN MY LIFE AND EXPERIENCE.

PLEASE KEEP ME AWARE OF THE SHIELD OF FAITH THAT I MAY USE IT TO STOP ALL THE FIERY ARROWS WHICH THE ENEMY WILL ATTACK ME WITH TODAY. OF SALVATION. THANK YOU THAT YOUR SALVATION IS THREE FOLD. YOU HAVE SAVED ME FROM THE PENALTY OF SIN.

PLEASE ENABLE ME TO REMEMBER THAT I AM WEARING THE HELMET AND I WILL NEVER EXPERIENCE THE SECOND DEATH. THANK YOU, LORD, FOR THIS WONDERFUL FACT ABOUT THE PAST. YOU ARE SAVING ME FROM THE POWER OF SIN IN THE PRESENT AND I DO NOT HAVE TO OBEY SIN OR LIVE UNDER IT'S CONTROL. THANK YOU LORD FOR YOUR WONDERFUL DELIVERANCE FROM SIN'S BONDAGE! THANK YOU THAT YOU WILL DELIVER ME FROM SIN'S PRESENCE IN THE FUTURE.

DEAR-LORD, I-KNOW THAT- YOU -HAVE HEARD- THIS-PRAYER AND THAT YOU WILL ANSWER IT AS YOU PROMISED IN 1 JOHN 5:14-15. THANK YOU THAT I CAN CLAIM THIS FACT AND ACT ON IT. THANK YOU THAT YOU HAVE MADE THIS ARMOUR WHICH I MUST CHOOSE TO PUT ON DAILY THAT I MAY STAND AGAINST THE ENEMY AND WALK IN VICTORY TO YOUR HONOR, GLORY AND PRAISE! I READILY ACKNOWLEDGE THAT YOU ARE MY LIFE AND THAT WITHOUT YOU I CAN DO NOTHING.

PLEASE LIVE THROUGH ME TO YOUR GLORY TODAY! AND NOW LORD, AS I PICK UP THE SWORD OF THE SPIRIT WHICH IS THE WORD OF GOD. PLEASE OPEN MY SPIRITUAL UNDERSTANDING AND MY MIND AS I READ YOUR TRUTH. ENABLE ME TO HIDE YOUR WORD IN MY HEART THAT I MIGHT NOT SIN AGAINST YOU TODAY. PLEASE ENABLE ME TO MEDITATE ON YOUR WORD TODAY ALSO THAT I MIGHT OBEY AND DO YOUR WILL IN THE STRONG NAME OF MY LORD JESUS I PRAY,

AMEN